

# NOVEMBER 2016

## Senn Thomas Middle

### MONDAY



### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

7  
Breakfast Boat  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

8  
Sausage & Cheese Bagel  
Or  
French Toast Stick  
Assorted 100% Fruit Juice  
Assorted Fruit

9  
Sausage, Egg, & Cheese  
Tac-Go  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

10  
Biscuit & Gravy  
Or  
Scrambled Eggs w/ Toast  
Assorted 100% Fruit Juice  
Assorted Fruit

11  
No School

14  
Breakfast Bites  
Or  
Mini Cinnis  
Assorted 100% Fruit Juice  
Assorted Fruit

15  
Sausage & Cheese  
English Muffin  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

16  
Breakfast Boats  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

17  
Assorted Bagels w/ Cream  
Cheese Cup  
Or  
Dutch Waffle  
Assorted 100% Fruit Juice  
Assorted Fruit

18  
Breakfast Sliders  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

21  
Sausage Maple Pancake  
on a Stick  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

22  
Sausage, Egg, & Cheese  
English Muffin  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

23  
No School

24  
Happy  
Thanksgiving!

25  
No School

28  
No School

29  
Sausage & Cheese Biscuit  
Or  
Fresh Baked Cinnamon  
Roll  
Assorted 100% Fruit Juice  
Assorted Fruit

30  
Mini Bagels  
Or  
Biscuit & Gravy  
Assorted 100% Fruit Juice  
Assorted Fruit

### DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

\*\*\*Menu is subject to change!

#### Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

#### Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

#### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$1.60  
Adult Lunch \$3.25

### School News

Nov 11<sup>th</sup> – No School/Veterans Day  
Nov 23<sup>rd</sup> - 25<sup>th</sup> – No School/  
Thanksgiving Break  
Nov 28<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$42.50 into your students account for lunch this month.

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider employer.